

# YOUNG ISRAEL SHOMRAI EMUNAH SHABBOS SHORTS

Candle Lighting 5:33 | Havdalah 6:33

The Shabbos Shorts is sponsored in honor of all who provide comfort and support to the aveilim, including visiting them, preparing meals, attending, learning at, and otherwise arranging for shiva minyanim and by **Rochelle Dimont & Family** to commemorate the Yahrzeits of Rochelle's father in law, Rav Shmuel Elchanan Ben HaRav Binyomin on 2 Adar, and her mother, Chaya Feiga Bas HaRav Chaim HaLevi on Zayin Adar.



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Welcome **Aryeh Shudofsky** as Interim Executive Director.

## Mazal Tavs

**Elyse & Haim Gabay** on the Bar Mitzvah of their son, **Noam Mordechai** at the Hashkamah Minyan. Mazal Tov also to Noam's grandparents, **Debi & Max Rudmann**, Larry Paine, Lois & Ray Bernzweig, brothers Eli and Nachum, and to all the family and out-of-town guests who came in to celebrate for the simcha.

**Judy & Louis Morris** on the birth of great-granddaughters to Perel & Reuven Morris of Lakewood, New Jersey, and Aliza Hinda & Moshe Goldman of Jerusalem, Israel.

**Karen & Howie Schulman** on the birth of a great-granddaughter, Tzipora Maya. Mazal Tov to parents Rochel & Menachem Eizenstat and big brother Ezra. Mazal Tov to grandparents Miri & Rabbi Daniel Kramer and Jessica & Jay Eizenstat. Mazal Tov to great-grandparents Marcia Meth, Risa Gold & Ambassador Stuart Eizenstat and to all of the aunts, uncles and cousins.

Shira & Yitzchok Savir upon the birth of their daughter Chana Liba. Mazal Tov to grandparents **Stephanie (Savir) & Rabbi Yosef Perlman** and **Michal & Rabbi Micah Segelman** and to the entire family.

## Kiddush & Coffee Station Sponsors

**Hashkamah Minyan Kiddush** is sponsored by the **Gabay, Rudmann**, and **Paine** families in honor of the Bar Mitzvah of their son and grandson **Noam Mordechai Gabay**.

**The Shul Kiddush** is sponsored by the Shul Kiddush Group.

**Sephardic Minyan Kiddush** is sponsored by the Sephardic Minyan.

**Shalosh Seudos** is sponsored by **Susan & Bob Levi** to commemorate the 6<sup>th</sup> Yahrzeit of Bob's father, Fred Levi, Baruch Ben Meir HaLevi, Z"l which was on 23 Shevat.

**Lower Lobby Coffee Station** is sponsored by Roast Masters **Deb & Dave Sloan**.

## Drasha & Shiurim Sponsors

**Hashkamah Minyan Gemara Shiur** is sponsored by **David Jaray** in memory of all those who have lost their lives in Israel.

**Rabbi Hyatt's Gemara Shiur** is sponsored by **David Jaray** in appreciation of **Rabbi Grauman** and in memory of Rabbi Hyatt, A"H. Refuah Shleima to all those that are wounded in Israel.

**8:45 Minyan Drasha** is sponsored by **Rochelle Dimont** and Family to commemorate the Yahrzeits of Rochelle's father in law, Rav Shmuel Elchanan Ben HaRav Binyomin on 2 Adar, and her mother, Chaya Feiga Bas HaRav Chaim HaLevi on Zayin Adar and by **Miriam & Jeff Zuckerman** in honor of **Miriam & Steve Friedman** for their gracious chesed and being great neighbors.

## Shabbos Schedule

Minyan Locations:

**B - Belonofsky Sanctuary, S - Social Hall,  
LBM - Large Beis Medrash,  
SBM - Small Beis Medrash, H - The House**

### FRIDAY NIGHT:

**Mincha/Maariv:**

5:35 (B, SBM), 5:25 (Sephardi, LBM)

### SHABBOS DAY:

**Shacharis:**

7:00 (B), 8:45 (B), 9:15 (S), 9:15 (Teen, H)  
8:00 (Sephardi, LBM)

**Mincha:**

2:30 (B), 5:15 (B), 5:30 (Sephardi, LBM)

**Shalosh Seudos:** 5:40 (S)

**Maariv:** 6:33 (B) (Sephardi, LBM)

### DIVREI TORAH:

**8:45 Minyan:** (B)

Rabbi Rosenbaum

**9:15 Minyan:** (S)

Rabbi Rosenbaum

**Hashkamah Minyan Gemara Shiur:** (SBM)

Rabbi Yonatan Gorin

## Welcome New Members

Brianna & Meir Soskil

Tehila & Royi Zhah, Yosef, Yehuda,

Ayalah, and Channah

### Coat Rack Cleanup

All items from the upstairs and downstairs coat racks will be removed on March 5.

## Youth Announcements

Teen Minyan at 9:15 in the House, followed by Kiddush.

### Shabbos Groups

- Toddler Group, under 2 with parent, Toddler Room starting at 10 AM
- Kinder Group, 2-PreK, upstairs behind the balcony now beginning at 9:30 AM until the end of shul

All groups for Kindergarten and up will be meeting at The House. Pickup in the Shul Lower Lobby at 11:15.

**Boys Shabbos Chabura** - Between Mincha/Maariv, boys in 4th-6th grades with Rabbi Hillel Shaps.

**The Purim Costume Gemach** is open for business! [See flyer](#) for details.

**Grand Finale Dor L'Dor** 7:45, is sponsored by **Susan and Rabbi Saul Koss** in appreciation of their wonderful (and growing) Family and by **Marina & Gregory Shmunis**.

**MS/HS Boys Cooking Demo postponed** due to the Shul-wide Spaghetti Dinner. Stay tuned for details.

**Annual joint carnival with KMS** on Sunday, March 1, 12:00 - 3:00 in the YISE Social Hall. [See flyer](#)

## Purim Schedule

### Minyan Locations:

**B** - Belonofsky Sanctuary, **S** - Social Hall,  
**LBM** - Large Beis Medrash,  
**SBM** - Small Beis Medrash, **H** - The House

### TAANIS ESTHER MONDAY MARCH 2

**Fast Starts: 5:20**

#### Shacharis:

6:10 (S), 6:30 (B), 8:45 (B)  
7:30 (Sephardi, LBM)

**Early Mincha:** 1:00 (B)

**Late Mincha:** 5:25 (B)

**Mincha:** 5:25 (Sephardi, LBM)

**Maariv:** 6:33 (B) (Sephardi, LBM)

**Fast Ends: 6:42**

### PURIM - MONDAY NIGHT MARCH 2

#### Maariv/Megillah:

6:35 (B) - Barry Greengart  
6:35 (Family, S) - Menachem Frenkel

#### Megillah:

9:30 (B) - Avi Zigelbaum

### PURIM - TUESDAY MARCH 3

#### Shacharis/Megillah:

6:15 (S) - Jacob Frenkel  
6:18 (Vasikin, B) - Richie Broth  
7:30 (S) - Menachem Frenkel  
8:45 (B) - Avi Zigelbaum  
7:30 (Sephardi, LBM)

**Megillah:** 11:00 (B) - Barry Greengart

**Early Mincha:** 1:00 (B)

**Late Mincha:** 4:30 (B)

**Mincha:** 1:00 (Sephardi, LBM)

**Maariv:** 7:15 (B), 8:30 (B),  
7:00 (Sephardi, LBM)

## Matanos L'evyonim

Rabbi Rosenbaum will be distributing Matanos L'evyonim, primarily within the YISE community, on Purim day. Those who would like to contribute to his collection may do so by going online at <https://www.yise.org/matanoslevyonim> by 11:59 PM, March 2, by dropping off a check made out to YISE Charity Fund at the office (please indicate that it is for matanos l'evyonim) or by giving cash or check in the shul pushka on Purim, through the Purim Shacharis Minyanim.

The Franco Foundation will distribute Matanos L'evyonim on Purim to families and individuals in our community that are struggling. Please send donations either through: (1) Zelle at [thefrancofoundation@gmail.com](mailto:thefrancofoundation@gmail.com); (2) PayPal using the same email or at [https://www.paypal.com/donate/?hosted\\_button\\_id=B9VAMK65WA56U](https://www.paypal.com/donate/?hosted_button_id=B9VAMK65WA56U); or (3) by mailing a check to the Franco Foundation, 613 Bromley Street, Silver Spring, MD 20902.

As the joyous festival of Purim approaches, our hearts turn toward our neighbors who are facing unbearable financial strain. Yad Yehuda of Greater Washington is reaching out to our generous community to contribute to their annual Matanos L'evyonim campaign. In 2025 Yad Yehuda distributed \$175,000 to 119 local households. Please donate generously at [www.yadyehuda.org](http://www.yadyehuda.org) to help Yad Yehuda meet the tremendous local need.

#### Pre-Purim Men's Melave Malka with Rabbi Rosenbaum, Motzei

Shabbos, February 28, 8:30 PM, at the home of Lucas & Malya Druskin, 117 Claybrook Drive.

**Post Megillah Reading Break Fast** - Dairy Buffet and Children's Costume Parade. [See flyer](#)

**Annual Purim Shiur** on the occasion of the 25th Yahrzeit of Jane Axelrod, Raizel Bas Simcha, will take place on Purim, Tuesday, March 3, promptly at 11:00 AM on Zoom, Meeting ID: 642 625 8127 Password: 613613 The shiur ends by 11:30 AM

# YISE Supports Israel

Our thoughts and prayers are focused on Israel. YISE maintains a community-wide Tehillim WhatsApp group. To join, visit [chat.whatsapp.com/GdkM5n3uJx44h8xFbwBEIQ](https://chat.whatsapp.com/GdkM5n3uJx44h8xFbwBEIQ).

## Upcoming YISE Events

**Voice Notes of Inspiration** - Hear daily inspirational Torah thoughts from Rabbi Rosenbaum on the WhatsApp group. Join at [yise.org/vnoi](https://yise.org/vnoi).

**4-Week Brachos Challenge** with GWCK & YISE: Every Bracha is an opportunity for gratitude and connection to Hashem. Join a community-wide initiative to bring intentionality and meaning to the Brachos that we make every day! Began on Tu B'Shevat, To join visit <https://thegreaterwashingtoncommunitykollel.com/connection>

**From Research to Reality: Pioneering Medical Breakthroughs at Ben-Gurion University with Professor Ehud Ohana.**

Prof. Ehud Ohana, of Ben Gurion University (BGU), whose BGU lab was destroyed by the Iranian bombing of Soroka Hospital, will speak at YISE on Sunday, February 22 at 9:45 AM in the Social Hall. He, and his graduate student Noa Yehoshua, will be in conversation with Dr. Avigayil Shudofsky, microbiologist and science teacher at YGW. Pastries and beverages will be served.

**YISE Spaghetti and Meatball Dinner** - Sunday, February 22, 5:00-7:00 PM in the Social Hall, with games, prizes, and Italian desserts! Those who registered previously will automatically have their registration rolled over to the new date; if you can no longer attend, please email [office@yise.org](mailto:office@yise.org). *See flyer*

**Zayin Adar Chevra Kadisha Dinner** - The Men's and Women's Chevra Kadisha of Greater Washington invites the entire community to a dinner in recognition of the work of the Chevra Kadisha. Monday, February 23, 6:30 PM at KMS. Go to [www.chevrakadishagw.org/zayin-adar](http://www.chevrakadishagw.org/zayin-adar) for more info. *See flyer*

**GWCK & YISE Shabbos of Inspiration** - February 27-28, with a Friday night dinner, Oneg Shabbos, Divrei Torah, and guest Chazzan, Shlomo Gaisin of Zusha. Reserve now for a delicious and elegant FRIDAY NIGHT FAMILY DINNER. Adult: \$28 | Child (3-8): \$14 | 2 and under: free. RSVP: [www.yise.org/gwckshabbaton](http://www.yise.org/gwckshabbaton) Deadline: February, 22. More info: Rabbi Hillel Shaps, [hshaps@gwckollel.org](mailto:hshaps@gwckollel.org)

**Rabbi Koss's Monthly Jewish History Class** on Zoom - Monday, March 2, 2:00 - 3:00 PM on Zoom A. Sponsored by Bikur Cholim of Greater Washington and the YISE Chesed Committee.

**Ask the Rabbi** - Shailos on Pesach, Monday, March 23 from 8-9 PM on Zoom A.

**A Year of Learning** - Sign up here [mishnah.org/chart/24558](http://mishnah.org/chart/24558) to learn in memory of Bernard Alexander, father of **Judy Mehlman**.

Zoom links in the SHMA and at <https://wp.yise.org/zoom>. Flyers are available at <https://wp.yise.org/flyers>

**Member Spotlight Initiative** - Join our new initiative, spotlighting incredible members of our community! We want to feature YOU! Please fill out the form at [yise.org/member-spotlight](https://yise.org/member-spotlight). If you have any questions, please reach out to [esaks@yise.org](mailto:esaks@yise.org)

**Cheryl Stern Community Kelim Mikvah** - Unfortunately, the Kelim Mikvah is still mostly frozen over. We are in the process of applying a new heating method to hopefully melt the ice soon. Although there is currently water in the Mikvah, it is likely not enough water to render immersions valid. Please refrain from using the Mikvah until a notification is sent out confirming that there is sufficient water to render immersions valid without doubt.

The Week Ahead		Sunday Feb 22 5 Adar	Monday Feb 23 6 Adar	Tuesday Feb 24 7 Adar	Wednesday Feb 25 8 Adar	Thursday Feb 26 9 Adar	Friday Feb 27 10 Adar	<b>Next Shabbos</b>  February 27-28, 2026 11 Adar 5786 Parashas Tetzaveh/Zachor  Candle Lighting: 5:40  Friday: Mincha/Maariv: 5:40 (B, SBM), 5:30 (Sephardi, LBM)  Shabbos Day: Shacharis: 7:00 (B), 8:45 (B), 9:15 (S), 9:15 (Teen, H) 8:00 (Sephardi, LBM) Mincha: 2:30 (B), 5:30 (B), 5:35 (Sephardi, LBM) Maariv: 6:40
Shacharis	Ashkenazi	6:30 (B) 7:30 (B) 8:45 (B)	6:15 (S) 6:45 (B) 8:45 (B)	6:15 (S) 6:55 (B) 8:45 (B)	6:15 (S) 6:55 (B) 8:45 (B)	6:15 (S) 6:45 (B) 8:45 (B)	6:15 (S) 6:55 (B) 8:45 (B)	
	Sephardi (LBM)	7:30	7:30	7:30	7:30	7:30	7:30	
Mincha/ Maariv	Ashkenazi (B)	5:40	5:40	5:40	5:40	5:40		
	Sephardi (LBM)	5:30	5:30	5:30	5:30	5:30		
Maariv	Ashkenazi (B)		7:30	7:30	7:30	7:30		

**Halachic Times: Latest Alos Hashachar 5:31 AM,**

**Earliest Talis and Tefilin: 5:58 AM, Latest Netz: 6:51 AM, Latest Krias Shema: 9:31 AM,**

**Earliest Mincha: 12:52 PM, Earliest Shkia: 5:53 PM, Latest Tzeis Hacoachavim 6:40 PM**

Register by this Sunday, Feb 22.



# From Research to Reality: Pioneering Medical Breakthroughs at Ben-Gurion University

After an Iranian missile strike destroyed his lab at Soroka Hospital, Be'er Sheva, Professor Ehud Ohana, former Kemp Mill resident and YISE attendee, is rebuilding from the ground up. As a prominent medical researcher at Ben-Gurion University (BGU), Professor Ohana's team is leading the way forward in medical innovation. Come hear how BGU and Israeli resilience are shaping the future of health and healing.



with **Professor Ehud Ohana**

**February 22, 9:45 AM**  
**YISE Social Hall**

**Prof. Ehud Ohana** was born and raised in southern Israel. He is married, a father of five, and lives in Meitar near Beer Sheva. Following an extensive army service as a commanding officer in a combat unit, he completed his undergraduate and graduate studies at BGU. After six years of postdoctoral research in the United States, at the National Institutes of Health in Maryland and UT Southwestern Medical Center in Texas, he returned to Israel and established his laboratory at BGU. His research group studies mechanisms of metabolic communication in health and disease, spanning basic science to clinical applications in metabolic and immune disorders, renal disease, and cancer.

# GREATER WASHINGTON COMMUNITY KOLLEL SHABBOS of INSPIRATION

at Young Israel Shomrai Emunah  
Shabbos Parshas Tetzaveh/Zachor  
Feb. 27-28

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baal tefillah and singer

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FAMILY DINNER**

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To reserve visit:  
[yise.org/gwckshabbaton](http://yise.org/gwckshabbaton)  
Deadline: Feb. 22

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For more information, please contact Rabbi Hillel Shaps, [hshaps@gwckkollel.org](mailto:hshaps@gwckkollel.org), 347-869-9361