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YOUNG ISRAEL SHOMRAI EMUNAH

SHABBOS SHORTS

Candle Lighting 8:13 PM (not before 7:00 PM) | Havdalah 9:18 PM

This week's Shabbos Shorts is sponsored
in memory of **Simi Franco**, Sima Rachel bat Menachem Mendel, and in honor of everything she put into YISE.

Shabbos Schedule

Minyan Locations:

B - Belonofsky Sanctuary, S - Social Hall,
LBM - Large Beis Medrash,
SBM - Small Beis Medrash, H - The House

FRIDAY NIGHT:

Mincha/Maariv: 6:45 PM (S), 7:00 PM (B), 8:15 PM (B)
7:15 PM (Sephardi, LBM)

SHABBOS DAY:

Shacharis: 7:00 AM (B), 8:45 AM (B), 9:15 AM (S),
8:00 AM (Sephardi, LBM)
Mincha: 2:30 PM, 5:00 PM, 8:10 PM (B), 8:05 PM (Sephardi, LBM)
Maariv: 9:18 PM (B) (Sephardi, LBM)



Special welcome to Rabbi Yosef and Rebbetzin Aliza Postelnek and Shlomo, Tehilla, and Shoshana who are visiting this Shabbos. We're so honored you made the effort to join us!

[See flyer](#)

Condolences

We regret to inform you of the passing of longtime YISE member **Tonia Sandberg**. Condolences to Tonia's husband **Neil**, and their children Diana Braun, Steven Sandberg, and Lisa Sang. The funeral will take place graveside at 10 AM on Friday, July 17, at Mt. Lebanon Cemetery. Shiva will take place at 911 Annmore Dr. Sun-Tues 2 - 4 PM and 7 - 8:10 PM Mincha/Maariv; Wed 2 - 4 PM

Kiddush & Coffee Station Sponsors

Hashkamah Minyan Kiddush is sponsored by the Hashkamah Minyan Kiddush Group.

Main Kiddush is sponsored by the Shul Kiddush Group.

Sephardic Minyan Kiddush is sponsored by **Rachel & Rafi Cattan** in memory of **Rachel's** father, Moshe Ben Naomi, A"H. **Noam Cattan** will make a Siyum on Seder Moed in his grandfather's memory.

Lower Lobby Coffee Station is sponsored by an anonymous sponsor.

To help make the Shabbos Shorts production process run more smoothly, we would like to begin compiling it earlier in the week. We kindly ask that you send your announcements to announce@yise.org by Tuesday afternoon whenever possible. We understand that some announcements are last-minute and can't be submitted early. However, if we can receive the majority of announcements by Tuesday, it will allow us to lay out most of the Shabbos Shorts in advance and make the process much more efficient. Thank you for your cooperation!

This Shabbos

DIVREI TORAH AND SHIURIM:

8:45 AM Minyan and 9:15 AM Minyan: (S): Rabbi Yosef Postelnek

Hashkamah Minyan Gemara Shiur (SBM): Rabbi Yonatan Gorin
5:00 PM Women's Pirkei Avos Shiur (LBM): Mrs. Channah Cohen
7:10 PM Parsha Shiur (B): Rabbi Rosenbaum
Between Mincha/Maariv: Rabbi Beinish Ginsburg

Drasha & Shiurim Sponsors

Hashkamah Minyan Gemara Shiur is sponsored by **David Jaray** in memory of all those who have lost their lives in Israel.

Rabbi Hyatt's Gemara Shiur is sponsored by **David Jaray** in appreciation of **Rabbi Grauman** and in memory of Rabbi Hyatt, A"H. Refuah Shleima to all those that are wounded in Israel.

Night seder on Tuesday night, July 14, and Rabbi Rosenbaum's Wednesday, July 15, Nach shiur were sponsored by **Michelle & Doug Shelling** to commemorate the first Yahrzeit of Michelle's uncle, Ronald Feldbaum, Reuven ben Laibel, Z"L.

Thank you to Ben Yehuda Pizza for providing pizza for Thursday night's **Night Seder**.

Upcoming YISE Events

This Shabbos, **Men's Shalosh Seudos** with Rabbi Postelnek following 5:00 PM Mincha.

Women's pre-Tisha B'av Shiur with Rebbetzin Atara Rosenbaum, Sunday, July 19, 8:30 PM in the Small Beis Midrash. [See flyer](#)

Ask the Rabbi - Tzedakah: Monday, July 20, 7:00 PM on Zoom - [Click here](#) to join, Meeting ID 416 963 9000, Password 492019 Send your questions to: AskTheRabbi@yise.org by Sunday, July 19. To learn more or to submit questions anonymously, contact: mfriedman2@yahoo.com. [See flyer](#)

Limud On the Lawn: A monthly Shabbos afternoon exploration of different Torah topics at YISE members' homes. Light refreshments to be served. Next Shiur, August 1. [See flyer](#)

Zoom links in SHMA or [click here](#). Flyers are available [here](#).

Youth Announcements

Shabbos Groups:

- Toddler Group, under 2 with parent, Toddler Room starting at **10:00 AM**
- Kinder Group, 2-PreK, upstairs behind the balcony now beginning at **9:30 AM** until the end of shul.
- All groups for Kindergarten and up will be meeting at The House. Pickup in the Shul Lower Lobby at **11:15 AM**.

Youth Tisha B'Av Program: Thursday, July 23, 4:00 PM. [See flyer](#)

Popsicles in the Park: Shabbos Afternoon, July 25, August 8, 22, 4:30 PM.

YISE Supports Israel

Our thoughts and prayers are focused on Israel. YISE maintains a community-wide Tehillim WhatsApp group. To join, [click here](#). Tehillim are recited at each daily and Shabbos Minyan..

Tisha b'Av Schedule

WEDNESDAY JULY 22

Mincha: 6:00 PM (B) (Sephardi, LBM)

Fast Begins: 8:28 PM

Maariv / Eicha: 9:15 PM (B), (S) 8:55 PM (Sephardi, LBM)

THURSDAY JULY 23

Shacharis: 6:15 AM (S), 8:30 AM (B) - Including Kinos with commentary

7:30 AM (Sephardi, LBM)

Chatzos: 1:15 PM

Mincha: 2:00 PM (B), 7:55 PM (B), 7:50 PM (Sephardi, LBM)

Video from Project Inspire followed by a discussion led by **Rabbi Rosenbaum**.

After the early Mincha. [See flyer](#)

Maariv: 8:50 (B)

Fast Ends: 9:14 PM



Halachos of the Three Weeks and Nine Days From Rabbi Rosenbaum
[Click Here to Download](#)

Member Spotlight Initiative - Join our new initiative, spotlighting incredible members of our community! We want to feature YOU!

Please, [Click here](#) to fill out the form

Questions? Contact esaks@yise.org

The Week Ahead		Sunday July 19 5 Av	Monday July 20 6 Av	Tuesday July 21 7 Av	Wednesday July 22 8 Av Fast Starts 8:28 PM	Thursday July 23 Tisha b'Av	Friday July 24 10 Av
Shacharis	Ashkenazi	6:30 AM (B) 7:30 AM (B) 8:45 AM (B)	6:15 AM (S) 6:45 AM (B) 8:45 AM (B)	6:15 AM (S) 6:55 AM (B) 8:45 AM (B)	6:15 AM (S) 6:55 AM (B) 8:45 AM (B)	See above	6:15 AM (S) 6:55 AM (B) 8:45 AM (B)
	Sephardi (LBM)	7:30 AM	7:30 AM	7:30 AM	7:30 AM		
Mincha/ Maariv	Ashkenazi (B)	8:15 PM	8:15 PM	8:15 PM	See above for Tisha b'Av Schedule		
	Sephardi (LBM)	8:05 PM	8:05 PM	8:05 PM			

Next Shabbos

**July 24 -25, 2026
11 Av 5786**
Vaeschanan / Shabbos Nachamu
Candle Lighting: 8:08 PM
Earliest Candle Lighting: 6:56 PM

Friday:
Mincha/Maariv:
6:40 PM (S), 7:00 PM (B),
8:10 PM (B)
7:15 PM (Sephardi, LBM)

Shabbos Day:
Shacharis:
7:00 AM (B), 8:45 AM (B),
9:15 AM (S), 9:15 AM (Teen, H)
8:00 AM (Sephardi, LBM)

Mincha:
2:30 PM, 5:00 PM, 8:05 PM (B)
8:00 PM (Sephardi, LBM)
Maariv: 9:12 PM

Halachic Times: Latest Alos Hashachar 4:27 AM,
Earliest Talis and Tefilin: 5:02 AM, Latest Netz: 6:03 AM, Latest Krias Shema: 9:36 AM,
Earliest Mincha: 1:51 PM, Earliest Shkia: 8:26 PM, Latest Tzeis Hachochavim 9:18 PM

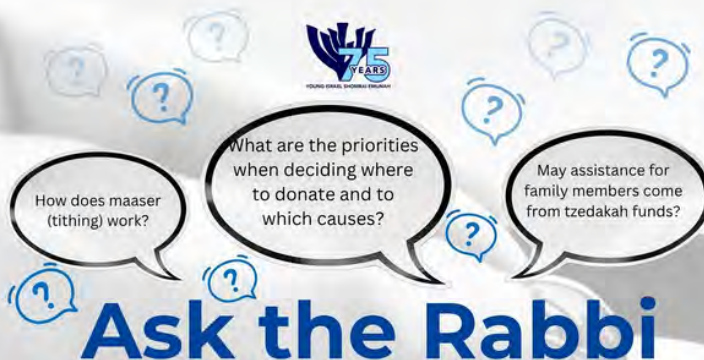


Join us for a Pre-Tisha b'Av shiur for women with Rebbetzin Atara Rosenbaum

Reaping With Joy

Tisha b'Av, Tu b'Av,
and the Transformative Power of Tears

Sunday, July 19 at 8:30PM
YISE Small Beis Medrash



Ask the Rabbi

Come join our virtual, interactive program
featuring different Halachic Topics!

This month's topic:

TZEDAKAH

Monday, July 20,
7:00 - 8:00 PM

Send in your questions to:
AskTheRabbi@yise.org
by Sunday, July 19.

The first 45 minutes is for Shailos submitted in advance
and the last 15 is for Q & A.

Please note times may vary depending on shailos.

To learn more or to submit questions anonymously,
contact mfriedman2@yahoo.com

Zoom A - Meeting ID: 416 963 9000 Password: 492019

Direct link: www.yise.org/zoom

TO SPONSOR THE PROGRAM, PLEASE CONTACT THE YISE OFFICE

Inviting Our Elementary School Students
to join YISE Youth

Thursday, July 23rd
4PM to 5PM
In the Small Social Hall

For a meaningful Tisha B'Av Program
Including Chesed Projects & Jerusalem Inspired Crafts

Questions? Please contact sshimoff@yise.org



YISE ADULT EDUCATION COMMITTEE PRESENTS

LIMUD ON THE LAWN

A monthly Shabbos afternoon exploration of different Torah topics
at YISE members' homes. Light refreshments to be served.

**13
JUNE**
6:00 PM

Rabbi Dovid Rosenbaum
Timeless National Lessons from Sefer Bamidbar
At the home of
Susan & Bob Levi
520 Lamberton Drive

**11
JULY**
6:00 PM

Sharon Freundel
The Guardian Who Never Sleeps: Tehillim 121
At the home of
Masha & Seth Katz
7 Fulham Court

**1
AUG**
6:00 PM

Rami Isser
Evolution of the Cantorial Arts
At the home of
Debbie Rogal
11419 Heather Crest Lane

**5
SEPT**
6:00 PM

Jeremy Schnittman
Pillars of Creation: A Close Reading of Psalm 19
At the home of
Lynn & Aron Trombka
810 Lamberton Drive



Welcoming Back the Postelneks for a Shabbos Visit

Shabbos | July 18



Please join us in welcoming Rabbi Yosef and Rebbetzin Aliza Postelnek and family back to our community for a Shabbos visit

Drasha in the Social Hall after the 8:45am and 9:15am minyanim by Rabbi Postelnek
Shabbos Chazon and Learning to See: *Reflections on Vision from Our First Year in Israel*

Men's Shalosh Seudos with Rabbi Postelnek
Singing, Divrei Torah, and Reconnecting
Social Hall, following the 5:00pm Mincha

